

Christian Aid Week

14-20 May 2006

What can young people do?

It's just one week.... but with your help,
it can change millions of lives.

The Facts:

22,000 churches get involved
300,000 people collect house to house
6 million households give money

We hope to raise over **£16 million**

Just **£1** could

- vaccinate 6 children in India
- or plant 8000 seedlings in Ethiopia

Give

- Give time. Find out from your regional Christian Aid office (see below) who organises Christian Aid Week collections in your area and offer to help out. Young people under 16 can't collect on their own, but they can deliver envelopes. Why not get together afterwards for a meal or party?
- Get sponsored to...wear fancy dress, be silent, sing hymns, walk (carrying water?) etc.
- Encourage young people to organise their own event such as a pizza party, concert, sleepover in church, cake sale, quiz, car wash, treasure hunt, 'guess the weight of the vicar' competition, promise auction etc.
- Ask young people to give something up for a week, like chocolate or fizzy drinks, and give the money saved to Christian Aid.
- Get multiplying with a real life parable. Give your group a fiver and challenge them to use it to make more money - maybe buying materials for making their own greetings cards or cakes.
- Pennies round the church. Use small change to make a line of pennies as long as you can, or have teams and see who can make the longest line!

Act

- Put up Christian Aid Week posters in your church or youth club.
- Use Christian Aid's free mpower youth resources with your group, to explore issues of global poverty and justice in more depth.
- Send off Christian Aid Week action cards to Tony Blair.
- Show video clips from the Christian Aid Week CD-Rom. Young people could even make their own short film about how their lives compare to people in the clips.
- Get young people to organise their own publicity stunt in your town to raise awareness of global poverty - invite the local media or MP along.
- Make a banner to go up in your church - all the young people could add their handprints to show solidarity with young people living in poverty around the world.
- Encourage young people to sign up to take regular campaign actions with Christian Aid - go to www.christianaid.org.uk/campaign.

Pray

- Use our free Christian Aid Week worship resources in a youth service.
- Go one step further - get the youth group to use these to plan and lead a special service for the rest of the church.
- Work with the youth group to set up a global prayer zone with different stations.
- Hold a special Christian Aid Week prayer marathon or vigil.
- Pray for the world. Encourage group members to find out more about a particular country and write their own prayer.



You add. We multiply.

www.christianaid.org.uk www.pressureworks.org www.globalgang.org.uk

UK charity number 1105851 Company number CHY6998

**For more information or any of the
resources mentioned contact:**

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